



We Can Do It!

The New Basics of Health Reform for Frontline HIV Workers

HAVE A NEW HEALTH PLAN? Here's how to make sure you get your meds.

If you signed up for Medicaid, private insurance or have a new plan through your job, make sure that your medication coverage will be uninterrupted. Here are a few ways to make sure you get your meds.

- 1 Refill your prescription before switching plans.**
Prepare for the possibility that you might have trouble getting medications by refilling your medications before you change to a new health plan. You can ask your pharmacist for a “partial refill” if it’s too soon for a full 30-day refill.
- 2 Learn what your state ADAP can do.**
Many state AIDS Drug Assistance Programs (ADAPs) can provide coverage in a pinch, especially if you are leaving ADAP for Medicaid or private insurance. To find out what assistance you may be eligible for, contact your individual state ADAP: <http://hab.hrsa.gov/gethelp/statehotlines.html>.
- 3 Ask your pharmacy for help.**
Many local pharmacies can provide “bridge supplies” to make sure you get meds. Two pharmacies, Walgreens and CVS Caremark, announced special transition plans that offer assistance, and others may have similar policies in place. They may provide 15 to 30 day supplies and bill your insurance plan once when your coverage starts. They may also bill you later for a co-pay.
- 4 Apply for pharmaceutical co-pay assistance programs.**
If you can't get help from your pharmacy or can't afford the costs of medications, a pharmaceutical manufacturer assistance program may be able to help. HarborPath.org and the Partnership for Prescription Assistance (www.pparx.org) are two places to start.
- 5 Contact your doctor or case manager.**
Remember, you're not alone. Your health care provider and case manager are there to help if you can't get your medications. Give them a call and ask for help.

We realize how important it is to not miss a dose of your medication.
We hope these ideas will help you stay on track and keep you covered.



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